

## Study & Preparation Tools Certification Tips

### DISABILITY STUDY TIPS

Below is an example of how you can study the disabilities as they relate to adaptive/therapeutic riding.

*TIP: Start with the disabilities you have encountered during your volunteering and/or supervised teaching times then branch out from there.*

Instructors should not only be familiar with what the disability is and how it may commonly present but also precautions and contraindications as they apply to adaptive/therapeutic riding. Instructors should also think on how they may need to adapt their teaching or equipment to best support the student.

#### **DISABILITY:**

**Congenital or Acquired:**

**Common Presentation:**

**Precautions:**

**Contraindications:**

**Mounting/Dismounting Considerations:**

**How I may have to adapt my teaching:**

**Tack/Equipment considerations or adaptations:**

**Horse Considerations:**

**Volunteer Considerations:**